



Executive Health Program



877-VIP-1020

**Your complete health image...
...in one easy appointment.**

We know your time is precious -and so is your health.

The Executive Health Program at Chantilly Family Practice Center was designed specifically to address the busy requirements of top executives. We respect and value your time and individual medical needs. To respect your time, the Executive Health Program provides you with a comprehensive medical evaluation completed in one place on the same day. Our Executive Health Program offers the latest medical technology to help diagnose and treat various diseases while offering personalized VIP service.

Chantilly Family Practice Center works with individual and corporate accounts.





Benefits of our Program

We understand that you are busy. Our Executive Health Program provides you with all your important exams and screenings completed in the same day. You will be treated to personalized sessions with our highly trained physicians and medical staff. You will have a dedicated medical professional personally facilitate all the details of your visit and walk you through the day. You will receive all forms and your exam itinerary in advance of your appointment date.

Privacy and Comfort

You will receive privacy, comfort and care by Board Certified physicians. You will enter our facility through a private entrance and will enjoy access to newspapers and magazines, light refreshments, television, telephone and Internet access. Optional services may include sedan pick up and gourmet meals.

Core Elements

The executive physical includes a detailed medical history review and a comprehensive physical examination. It also include the following:

- **Complete laboratory screening to test for anemia, thyroid, liver, diabetes and kidney disease. These tests also include lipid panel to assess cardiac and stroke factors.**
- **Colorectal cancer screening and Fecal Occult Blood Test to detect GI bleeding and Cancer.**
- **Resting Electrocardiogram (EKG) to test heart electrical activity**
- **Testing for men includes Prostate exam and consultation in reference to reproductive health issues and prostate concerns.**
- **Testing for women includes Pelvic examination and Pap smear as well as a consultation regarding menopause, osteoporosis, cancer screening and other issues specific to women.**
- **60 minute complete Nutritional and Fitness Evaluation to include review of dietary habits and recommendations for an exercise program.**
- **Chest X-Ray**
- **Cardiac Stress Test (non- imaging) baseline at age 46 and then every two years**
- **Spirometry**
- **Audiometry**
- **Visual Acuity**
- **Tetanus shot if indicated**

Final consultation with physician, including review of test results and diet and fitness assessments.

Written summary of examination and test results given to client and his/her Primary Care Physician if requested within 7-10 business days. (Some test results may take longer). Client will also receive an electronic version for their records.

Additional Procedures:

(when recommended and subject to additional fees)

Thallium Exercise Stress Test (Stress thallium test, Perfusion scan)

A thallium stress test combines nuclear scanning with exercise on a treadmill to assess heart function and determine blood flow.

Virtual Colonoscopy

New technology has made it possible for a computer to take CT images of the colon, which involves enlargement of the colon with air. Early screening may detect small polyps or colorectal cancers.

Digital Screening Mammography

Digital Mammography is a technique that uses a computer, rather than x-ray film, and can identify breast cancers too small to palpate on physical examination and may also find ductal carcinoma *in situ* (DCIS).

DEXA (Dual Energy X-ray Absorptiometry)

DEXA uses low-energy X-rays to measure the density of bones. A DEXA scan provides more detailed information than a standard X-ray.

Calcium Scoring

The calcium score screening heart scan is a test used to detect calcium deposits found in atherosclerotic plaque in the coronary arteries. This method is the most effective way to detect early coronary calcification from atherosclerosis, before symptoms develop.

Echo Test

An echocardiogram is a test that uses ultrasound to evaluate your heart muscle, heart valves, and risk for heart disease. An Echo test assesses the overall function of your heart to determine the presence of many types of heart disease.

Vascular Screening

Vascular Screening is the use of ultrasound energy, a non-invasive technique, to image blood vessels and determine blockage and aneurysms.

CT Imaging Full Body

The total body CT scan is a diagnostic technique that uses computed tomography to help identify potential problems or diseases before symptoms even appear. The TBCT scan analyzes major areas of the body: the lungs, the heart, abdomen/pelvis, and brain.

CT Imaging Angiography

This is a special type of test used to look at blood vessels and is done when the doctor suspects a blockage in or around a blood vessel. This exam determines if there is a blockage in the coronary arteries.

Thermogram

Thermal Imaging is a totally non-invasive procedure for detecting and monitoring diseases and physical injuries, by showing the thermal abnormalities present in the body.

Computerized BMI

Computerized BMI is a scan that calculates your body mass index and also measures your total body fat content.

Make an Executive Decision for Your Good Health.

Contact us to schedule your exam at:

877-VIP-1020 (877-847-1020)

or visit us on the web at:

www.ChantillyMedicalPractice.com

Chantilly Family Practice Center
Putting the Care Back in Healthcare.





Chantilly Family Practice Center

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